



# MOUNTAIN BREEZE



Unitarian  
Universalist  
Fellowship  
of the Poconos

We are a Welcoming Congregation

MAY 2015

Rev. Kim D. Wilson, Minister

## Building Dedication Celebration on Sunday May 31st

If you cannot be at our Dedication on Sunday, May 31st but would like your good wishes read by one of our members, please send an email to Marion Rosenbaum at: marionrosenbaum@hotmail.com or send a note to Evelyn Altemus, 62 Chandler Circle, Pen Argyl, PA 18072. Phone: (610) 863-3512. (She does not have an email at this time).

## NEW AT UUFP

The new phone, answering machine, internet service, and color printer is now operational. At the moment we do not have fax capabilities, TV, or 2nd phone on the first floor but hopefully, these added capabilities can come in the not too distant future. Thank You Jim Lyons.

**Our new phone is 570-730-4122.**

## UUFP No-Pet policy

UUFP has a strict no-pet policy. We ask that you leave your animals at home or keep them outside the building. If you do bring along a pet for activities later, remember that UUFP abuts a public park with a stream. That's a nice place to exercise an animal, but be sure to observe Pennsylvania's leash law!



## SUNDAY PROGRAMS

May 3 - **The Invitation – an interactive service**  
Rev. Kim Wilson, UUFP Minister  
**Bring-A-Friend Workshop**

May 10 - **What's a Mother to Do - Mother's Day**  
Joanna Herren, UUFP Intern

May 17 - **What is Spirituality? Bring-A-Friend Sunday**  
Rev. Kim Wilson, UUFP Minister

Immediately following service, UUFP will hold its Annual Meeting. All members are urged to attend this important meeting and participate in our democratic process. We will be voting on the 2015-2016 budget, electing new members of the Board of Trustees and addressing other matters of importance to the congregation. Voting by proxy is not permitted under our by-laws so you must attend to be able to vote. Friends are welcome to attend.

May 24 - **Discussion Sunday**

May 31- **Adults at Play**  
Rev. Kim Wilson, UUFP Minister

**Building Dedication, 1 pm.** Join us for the Dedication of our new Home! Andrea Lerner, District Executive, will be helping us dedicate the building. Please mark your calendar to be a part of this joyous event!

**On Sunday, May 10, Mother's Day, UUFP will hold a plant sale / exchange. If you have any plants to donate, please contact: marionrosenbaum@hotmail.com.**



## PLEASE NOTE:

The suggestion box in the foyer has been removed. Here's why. We have agreed on the value of direct communication. Anonymous suggestions are not very useful, since no one knows who made them and what they really meant. Direct communication is so important to working through ideas and concerns that we ask members and friends to speak to Rev. Kim, Board President Paula, or any other member of the board. If you're shy, you could take someone with you, or leave one of them a note with your name, and they will follow up with you.

UUF



## WOMEN'S GROUP

On Sunday, April 26th, the Women's Group of UUF celebrated their first Crone Ceremony outside near the water, at our home on Knight Street in Stroudsburg. A Crone is a woman who has reached her wisdom years, maiden, mother, crone. It celebrates a woman's passage into the years of wisdom and honors an important stage of her life.

It was indeed a very beautiful day including music, singing, sunshine, sage, sparkles and a crowning of our newest Crone, Kathy Bressler. About a dozen women attended and read different parts of the ceremony. After the ceremony we went indoors to a very sumptuous homemade lunch. If you missed this event, the women's group will be planning for another Crone Ceremony in early fall. All women are welcome to attend. If you are interest in coming to the UUF women's group, we meet on the second and fourth Saturdays of the month. Please feel free to contact Susan Odessky at [susanhodessky@hotmail.com](mailto:susanhodessky@hotmail.com) or Elayne Eskenazi at [eewolf@ptd.net](mailto:eewolf@ptd.net)



## Books for Sale only \$1 each

*"Reading well is one of the great pleasures that solitude can afford you."*

HAROLD BLOOM, *Author & Educator*

Please feel free to bring in books that you no longer have room for on your bookshelves. Make sure the books are in good condition. NO magazines or outdated textbooks please.

The books are located in the Social/Welcoming room. The monies collected from the sale of these books go towards helping with the upkeep of UUF. When you purchase books, there is a green can on the shelf for your contributions.

Thanks to all who buy books and those that contribute books.

*Elayne Eskenazi*

## President's Message

"It will be a great day when our schools have all the money they need, and our air force has to have a bake sale to buy a bomber."

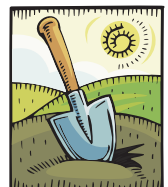
We could adapt Robert Fulghum's philosophy for use here at UUF. In fact, Rev. Kim Wilson has mentioned more than once how wonderful it would be for us, someday, to hold fundraisers not for ourselves, but to benefit others.

We are still working on that evolution. This year our fellowship has reached deep to buy and convert our new home, and right now we are in the midst of our annual campaign, which will determine what we can accomplish in the coming year.

But Robert Fulghum and Rev. Kim will be delighted to know that thanks to the dedication and community spirit of our members, this fellowship already has made a good start at helping others. Kay Lopez and Gloria Finch have established a strong presence in Monroe County through their tireless work to raise public awareness of race relations and mass incarceration. UUF board Treasurer Jim Furiosi and RE teacher Cynthia Miller recently held a lively Earth Day, opening Chalice Acres to adults and children to celebrate nature through a variety of activities. And in late March, UUF fielded two teams at the Big Brothers Big Sisters of Monroe County's Bowl for Kids' Sake at Sky Lanes in East Stroudsburg. The annual bowl-athon supports the local chapter of this nationally recognized mentoring program for children of single parents. Bob Wahl, Ken Lesure, Jim Lyons, Susan Odessky and Billy Miller constituted the adult team and Cynthia Miller shepherded the kids' team, which included Annie Miller, Isolde Thomas, Evie and Lizzie Higgins and Kayla Estorque. Together, the UUF teams were among the highest money-raising groups at the event. We should take special pride in our RE children, "kids helping kids."

These are all activities that welcome even more participants. UUF doesn't have all the money it needs, so we'll have to keep holding fund drives. But the more we get out into the community, the more people will know about UUF and what it stands for. The more often we offer our assistance, the more we act on principles, and the more likely we are to attract new, supporting members to our group. And all the while we are spreading the spirit of Unitarian Universalism.

That's worth supporting.  
Paula Heeschen  
UUF President



Kim Wilson & Gene Mater invite you to a  
**Wedding Celebration Party**

Sunday, June 7, 2015

A small ceremony will have taken place the preceding Evening.

Please join us at  
The Friends Meetinghouse  
4116 Bath Pike  
Bethlehem, Pennsylvania

2:00 Meeting for Marriage, in the Manner of Friends  
3:00-7:00 Food, Drinks & Dancing

Most Excellent Music, provided by:  
John Beacher • Hot Bijouxx • Tom Walz • & Friends

No Presents, please!  
Instead, we ask that you bring a Most Wonderful Covered Dish.  
We will provide Appetizers and Beverages.

Dress is Casual.

Please RSVP in person or via e-mail by May 10th.



*“Happiness is like a butterfly. The more you chase it, the more it will elude you -- But if you turn your attention to other things, it comes and softly sits on your shoulder.”*

RICHARD L. LESSOR

**CELEBRATE  
GERTA !**

**Sunday May 24, 2015 156 Churchill Lane  
by the Pool 2:00 PM**

**(in case of rain, up the hill at Auntie  
Carol's)**

**Bring stories, memories and beverages.**

**Questions? RSVP??**

**Laurie: 917-592-7209 laurieharriton@gmail.  
com**

**Lynn: 646-545-6585 lynkh.mail@gmail.com**



## Minister's Column

*It's not what we do once in a while that shapes our lives.  
It's what we do consistently. --Tony Robbins*

I once read about someone who arose each morning before dawn, in order to see the sunrise. Not just some mornings. Every morning. For 26 years and counting. It sounded like such a beautiful ritual, to begin each day by focusing on the rising sun. A human daily ritual to witness the Earth and Sun's daily ritual. I found myself wishing I could do that each morning.

There was only one small problem –I am not a morning person. I had to admit that, sadly, I would never be someone who got up before dawn on a consistent basis. It just wasn't my "thing." But I think this reflection on someone else's morning ritual helped me to recognize the value in some kind of daily practice. I wanted that in my own life. These days, my most consistent "thing" is yoga. By doing even a little bit (almost) every morning, I have seen positive changes in both my body and my mind.

When we think about it, there are lots of things we do every day that make us who we are. What are the things that you do consistently? How do they shape your life? Is there something you want to do? If so, just begin. Don't even set goals. Just start. Is there something you used to do that you want to get back to? The beauty of each new day is that we can always begin again.

In peace and love,



Rev. Kim D. Wilson



### OUR MINISTERS' WHEREABOUTS THIS SUMMER

Rev. Kim will be away for the month of June for her wedding and honeymoon. The Board of Trustees has granted her this time off with the provision that it be made up by the end of the year. She will also take her regular vacation in July and her study leave in August. Joanna Herren, our intern minister, will provide pastoral care coverage for the month of June but will also be off for the rest of the summer. If you have pastoral care needs during July or August, please see Paula Heeschen, our Board president, who will put you in touch with our minister on call.

### SHAWL MINISTRY

*"Knitting is the simplest and most ordinary of activities, yet somehow it mysteriously contains within itself the potential for expanding our conscious awareness."*

SUSAN GORDON LYDON

**Our next meeting will be held on Friday, May 8 th - from noon to 2:00 at UUFP.** Please feel free to attend even if you have never knitted before. Bring your lunch and join in this very worthwhile activity. If you have a friend or know of someone who knits or crochets, please bring them along. **Anyone new who is interested, please contact:**  
**Carole - uubreeze@ptd.net**  
**OR Elayne - eewolf@ptd.net.**

### CHOIR PRACTICE



If you like to sing, why not join the Coolest Choir Ever. We meet at 8:45 every Sunday morning for 1 hour, September - June Please bring your joyful spirit and PLEASE be punctual. See you then, *Ruth Kochera*

### UU World Magazine

Request for any old issues of the UU World magazine for our UUFP library.

Please contact Marion Rosenbaum at 570-730-4930 or email: marionrosenbaum@hotmail.com.

### REV. KIM'S AVAILABILITY

Rev. Kim is available by appointment Tuesday – Sunday to meet by phone or in person.

**Rev. Kim's contact information:**

**Cell phone: 203-464-1662**

**E-mail: [uurevkim@gmail.com](mailto:uurevkim@gmail.com)**

**Mail: 434 2<sup>nd</sup> Avenue**

**Bethlehem, PA 18018**

**Rev. Kim's past sermons**

are available on the UUFP Website.

### Info for WEBSITE & CALENDAR:

Jim Lyons is now updating both the calendar and the website. If you have information that needs to be added, send it to him at: [jpcl Lyons@gmail.com](mailto:jpcl Lyons@gmail.com) Jim will be keeping a monthly calendar of who is using the UU space and when. All you need to do is click on this address to see what is available and then be in touch with Jim.  
<http://www.uupoconos.org>

### Info for NEWSLETTER:

Deadline for Mountain Breeze copy is the 15th of each month. Please email your notices to me at [uubreeze@ptd.net](mailto:uubreeze@ptd.net)  
Carole Ludwig, Editor

### ADDRESS / INFO CHANGES???

UUFP members and friends - if you have new addresses (some have changed because of the 911 emergency address system updating) or other contact information, please let me know so I can keep the list up to date? [susanhodessky@hotmail.com](mailto:susanhodessky@hotmail.com)  
Susan Odessky

### Unitarian Universalist Fellowship of the Poconos

118 Knight Street Street • Stroudsburg, PA 18360 • Phone 570-730-4122  
Sundays 10 AM [Visit our Website](#)

### UUFP MISSION STATEMENT

*"We are a welcoming congregation, diverse in religious and spiritual expression, uniting in fellowship to enrich our lives and inspire the community by promoting Unitarian Universalist principles"*

### UUFP BOARD MEMBERS

President - Paula Heesch  
Vice-President - Barbara Harteis  
Secretary - James Furioli  
Treasurer - Kim Blomquist



### TRUSTEES

Elayne Eskenazi - Marylou Tomlinson - Maura Tweedie

### USED BOOK SALES COORDINATOR

Ken Williams, Elayne Eskenazi

## CALENDAR

- 1st Sunday of the month after Service  
Committee Council Meeting
- 3rd Wednesday of the month 7 - 10 PM  
UUFP Board Meeting
- 3rd Sunday of the month after Service  
Social Justice Committee
- Sunday Morning - Choir Rehearsal  
8:45 AM (September - June)
- 3rd Sunday of the month - after Service  
Membership Committee Meeting

## USED BICYCLES WANTED:

**Pedals for Progress**, in its continuing effort to recycle bicycles properly, is having a used bike collection sponsored by the Rotary Club of the Stroudsburgs.

Anyone with an adult or child's bicycle in repairable condition is urged to donate his or her bike to this worthy cause. We do not accept "bikes for parts" or disassembled bikes.

Bikes can be dropped off from 9 am to 12 pm on Saturday June 13, 2015, rain or shine @ The Odd-Lot Outlet located on Rte 209 just off 1-80 Exit 309, East Stroudsburg, PA 18302.

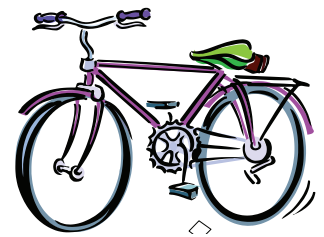
P4P collects 3,000 to 5,000 bicycles annually and transfers this material wealth to those more needy. To date, more than 143,000 have been shipped to developing countries in Latin America, Africa and Eastern Europe. In these countries the bikes are reconditioned by partner agencies and distributed at low cost to poor working adults. These bikes provide them with reliable transportation for commuting to work, transporting product to market, or accessing health care and other services.

Steady employment for these adults is vital to the development and success for these economies.

Contact: Carole or Dick Ludwig for further information:

[UUbreeze@ptd.net](mailto:UUbreeze@ptd.net)

*More details in the June issue of the Mountain Breeze*



The life blood & strength of our fellowship resides in the committee participation of our members & friends

### COMMITTEES:

**Program:** Sue Lyons, Barbara Harteis, Co-chairs,

**Denominational Affairs:**

**Religious Education:** Cynthia Miller, RE Teacher, Mary Lou Tomlinson

**Social Justice:** Susan Odessky, Chair, Kay Lopez, Gloria Finch, Cynthia Miller

**Finance:** Anthony & Julie Estorque, Co-Chairs, Ed Rosenbaum, Charlie Cahn, David Learn, Kim Blomquist, Lew Gubrud

**Membership:** Elayne Eskenazi, Jim Furioli Co-chairs

**Leadership Development:**

**Publicity:**

**Website :** Jim Lyons

**Order of Service:** Ruth Kochera, Marion Rosenbaum

**Music:** Ruth Kochera, Music Director, David Learn

**Strategic Planning:** , Chair

**Newsletter:** Carole Ludwig, Editor

**Library/Archives:** Marion Rosenbaum, Kay Lopez

**Circle Suppers:**

**Pledge Drive:** Paula Zulick

**Special Funds:**

**Retreat:**

**Housekeeping/Building Maintenance:**

**Communications:**

**Family Promise Coordinator:** Barbara Harteis

**Women's Group:** Elayne Eskenazi, Susan Odessky, Co-chairs

**Shawl Ministry:** Carole Ludwig, Elayne Eskenazi, Co-chairs

*Please check out . . . this COMMITTEE LIST It is not complete and for that matter may not be correct. If your name is somewhere it shouldn't be, or if you are on a committee and not listed, please let me know by email. [uubreeze@ptd.net](mailto:uubreeze@ptd.net) Thanks, Carole Ludwig*

*The above Committee List is just partially done. If you notice your name where it doesn't belong, or if your name isn't where it should be, please email Carole Ludwig to correct. [uubreeze@ptd.net](mailto:uubreeze@ptd.net) There could also be committees on this list that no longer exist so please let me know. Thanks*